

# ZC 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Boyen Wendy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 11: 100M BREASTSTROKE WOMEN 15+ Heat:5, starttime: 14:18**

**Heat: 5/9 Lane : 6 Athlete: GEVERS LEONIE Q-time: 01:31:01**

**PB (50m pool): 01:33.43 Molenbeek 01/02/2026 PB (25m pool): 01:31.01 SB: 01:33.43 Molenbeek 01/02/2026**

	50 M	100 M	
PB	no time	01:33.43	
	<i>no time</i>		
	.....	.....	

Coach feedback:

**Event number: 13: 200M MEDLEY MEN 11-12 Heat:8, starttime: 15:20**

**Heat: 8/9 Lane : 7 Athlete: VANGENECHTEN MATTHIAS Q-time: 03:11:84**

**PB (50m pool): 03:37.16 SportinGenk Park 11/11/2025 PB (25m pool): 03:11.84 SB: 03:37.16 SportinGenk Park 11/11/2025**

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	03:37.16	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 14: 50M BACKSTROKE WOMEN 13-14 Heat:3, starttime: 15:32**

**Heat: 3/6 Lane : 5 Athlete: KERCKHOFS WOUKE Q-time: 00:41:23**

**PB (50m pool): 00:42.72 Antwerpen 15/03/2026 PB (25m pool): 00:41.23 SB: 00:42.72 Antwerpen 15/03/2026**

	50 M	
PB	00:42.72	
	<i>00:42.72</i>	
	.....	

Coach feedback:

# ZC 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

<b>Event number: 15: 200M BREASTSTROKE MEN 13-14</b>					<b>Heat:2, starttime: 15:43</b>
<b>Heat: 2/4 Lane : 8 Athlete: JAMAR ALEXANDER</b>					<b>Q-time: 03:34:20</b>
PB (50m pool): 03:34.20 Antwerpen 13/07/2025			PB (25m pool): 03:41.78 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:48.42	01:43.79	02:40.77	03:34.20	
	<i>00:48.42</i>	<i>00:55.37</i>	<i>00:56.98</i>	<i>00:53.43</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 18: 50M BUTTERFLY WOMEN 11-12</b>		<b>Heat:3, starttime: 16:26</b>
<b>Heat: 3/10 Lane : 4 Athlete: SMEETS LOU</b>		<b>Q-time: 00:49:69</b>
PB (50m pool): 00:50.12 Antwerpen 15/03/2026		PB (25m pool): 00:49.69 SB: 00:50.12 Antwerpen 15/03/2026
	<b>5 0 M</b>	
PB	00:50.12	
	<i>00:50.12</i>	
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Coach feedback:

<b>Event number: 18: 50M BUTTERFLY WOMEN 11-12</b>		<b>Heat:5, starttime: 16:29</b>
<b>Heat: 5/10 Lane : 4 Athlete: VANGENECHTEN ANNA</b>		<b>Q-time: 00:45:72</b>
PB (50m pool): 00:46.39 Antwerpen 15/03/2026		PB (25m pool): 00:45.72 SB: 00:46.39 Antwerpen 15/03/2026
	<b>5 0 M</b>	
PB	00:46.39	
	<i>00:46.39</i>	
	.....	

Coach feedback:

<b>Event number: 18: 50M BUTTERFLY WOMEN 11-12</b>		<b>Heat:6, starttime: 16:30</b>
<b>Heat: 6/10 Lane : 1 Athlete: BERTOLAZZI MONA</b>		<b>Q-time: 00:45:58</b>
PB (50m pool): 00:52.52 Molenbeek 01/02/2026		PB (25m pool): 00:45.58 SB: 00:52.52 Molenbeek 01/02/2026
	<b>5 0 M</b>	
PB	00:52.52	
	<i>00:52.52</i>	
	.....	

Coach feedback:

# ZC 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

<b>Event number: 18: 50M BUTTERFLY WOMEN 11-12</b>		<b>Heat:8, starttime: 16:33</b>
<b>Heat: 8/10 Lane : 5 Athlete: VANMECHELEN KATO</b>		<b>Q-time: 00:42:25</b>
PB (50m pool): 00:42.25 Antwerpen 15/03/2026		PB (25m pool): 00:44.25 SB: 00:42.25 Antwerpen 15/03/2026
	<b>5 0 M</b>	
PB	00:42.25	
	00:42.25	
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Coach feedback: